

2024 Summer Exped Launch

By Tommaso and Jane

Ft. Isaac x Joshy Swanders, Hannah, Jack x Max, Joshetta Cignetta, Jim

UBES

10 years of Summer Exped

Last visited:

2014



2015



2016



2017



2018



2019



2022



2023



- 15 different countries
- Dominated by backpacking/trekking
 - Some via ferrata mixed in there
 - Often some scrambling
 - Some birdwatching
- TCT included exploratory research aims



What about this year?

- A variety of destinations, modes, and aims
- Places available for:
 - River Dee: Sea to Source
 - Fastpacking WHW
 - The Skye Trail
 - Bikepacking
 - Corsica GR20
 - Alta Via 2
- Dev Special:
 - Mt Kenya



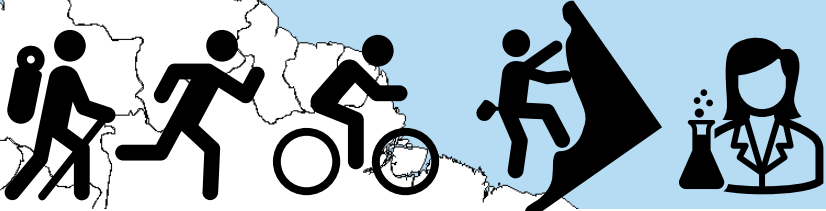
Places
available




Additional
requirements



Team
assembled



What to expect?

- 
- A person wearing an orange jacket and a green backpack stands on a rocky outcrop, looking out over a vast, green valley. A winding road and a body of water are visible in the distance. The scene is misty and atmospheric.
- Explore new and remote parts of the world!
 - Make new friends!
 - Challenge yourself!
 - Build on your experience with UBES
 - Have a say in the experience and take, and active role in planning
 - Manage your budget and transport plans
 - Coordinate travel schedules with your team
 - Train with your team and develop as a group



GOING SKYE HIGH








University of Bristol
Expeditions Society

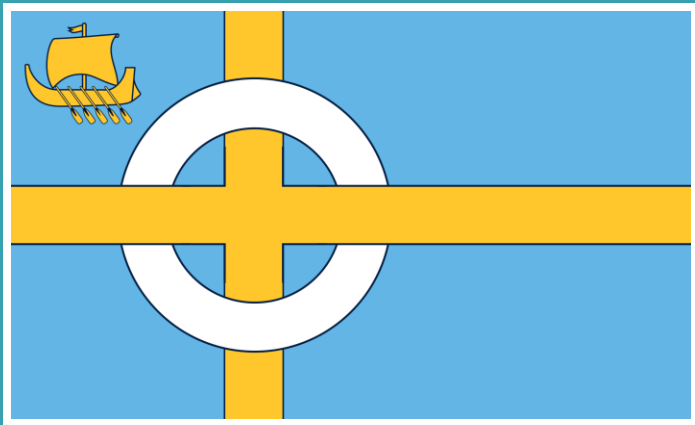
— EST 1960 —

Isaac Ogden
Josh Saunders






June 2024

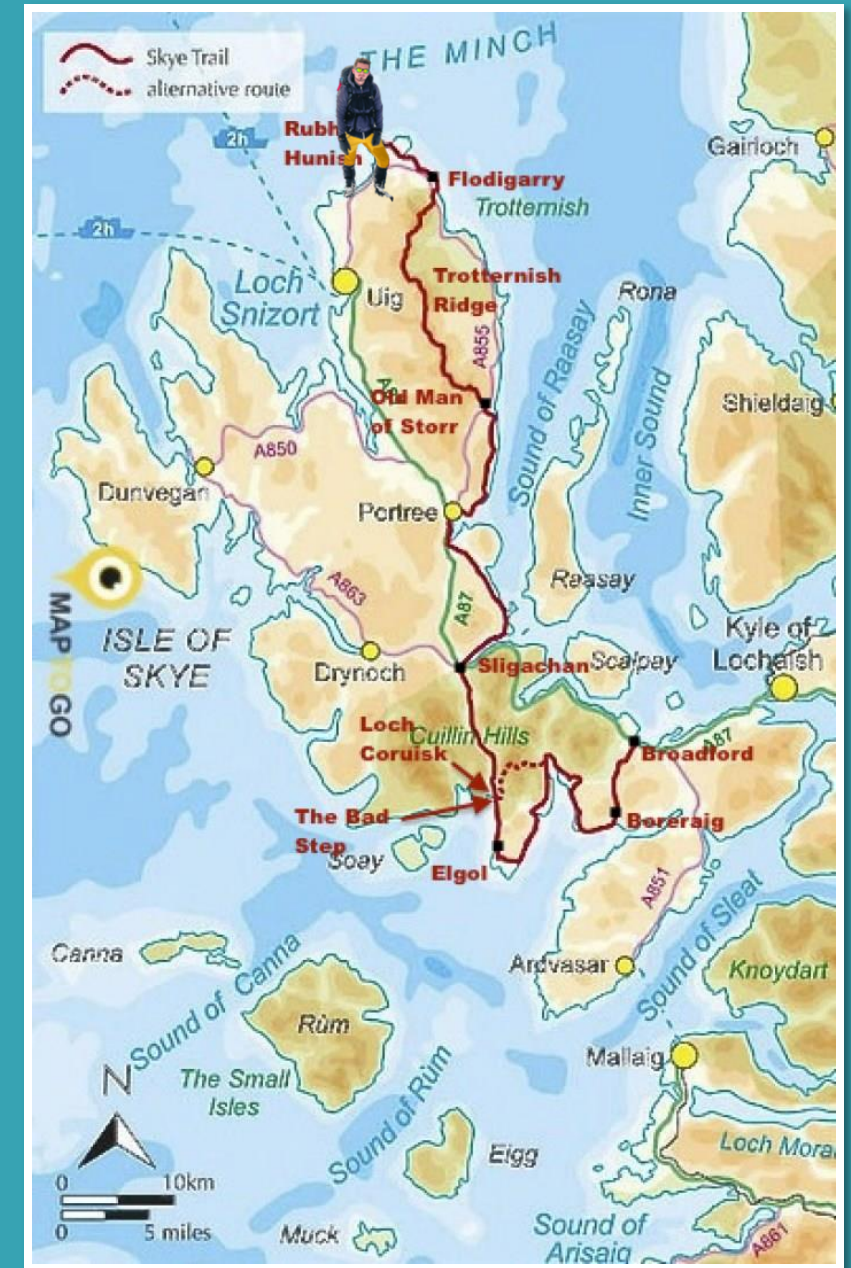
The Where...

-  Isle of Skye, surprise surprise!
-  Largest of the Inner Hebrides
-  Home to the magnificent Cuillin mountains
-  Lots of history and wildlife!
-  Irn Bru?



The What...

-  Backpacking the Skye Trail in 7 days of walking. Some longish distances, in beautiful scenery!
-  128km (80mi) route across the Isle of Skye – follows the Trotternish ridge and passes beneath the Cuillin. Also includes cliffs, beaches, and lots and lots of lakes!
-  Mostly not on any waymarked paths, opportunity to practise some nav!
-  Southern coast path includes some “airy sections” and one “Bad Step”
-  Strenuous walking particularly on the second day – aim for a relatively lightweight philosophy.

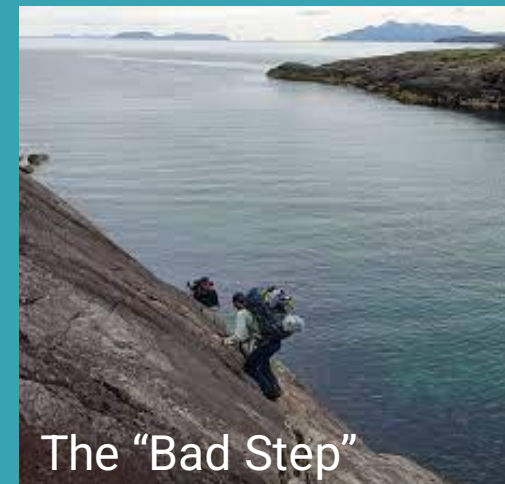


The What, you want more details...?

Day	Section	Approx distance/elevation
1	Drive to Skye	
2	Rubha Hunish, walk to Quiraing	15.5km / 800m
3	Quiraing to Old Man of Storr	23km / 1500m
4	Old Man of Storr to Portree	15km / 650m
5	Portree to Sligachan	20km / 400m
6	Sligachan to Elgol	17.5km / 600m
7	Elgol to Torrin	22 km / 600m
8	Torrin to Broadford	20km / 500m
9	Rest day/exploring? Sea Eagle/puffin boat trip??	
10	Drive back from Skye	

← Bus to the northern tip of Skye

← Food resupply stop in Portree!



The When...

- 🐉 No need to book anything, so the dates are relatively flexible
- 🐉 Early June – 10 days total. We will work out the exact dates with those on the expedition once places have been confirmed.
- 🐉 Destress from exams and hopefully avoid the worst of the midges!



The Why



It looks cool!






Destress from exams...



“Best backpacking I’ve ever done” – Robyn Franklin, 2024

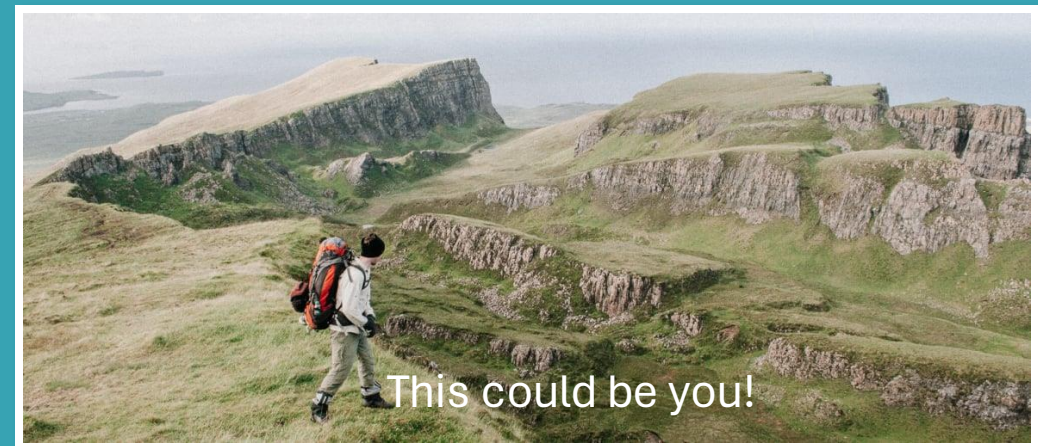







-  Josh and I should probably come as we know what the plan is
-  6 other people to make a team of 8. Travel to and from Bristol in 2 cars of 4, 10hr drive each way plus stops for leg stretches and food!
-  Ideally around 3-4 tents – exercising our right to roam but minimal impact, leave no trace!

Do you want to aim for the Skye?

- ☒ Some backpacking experience ideal
- ☒ Wants to be part of a fun and positive team
- ☒ Prepared for some tougher off-path terrain and some exposure



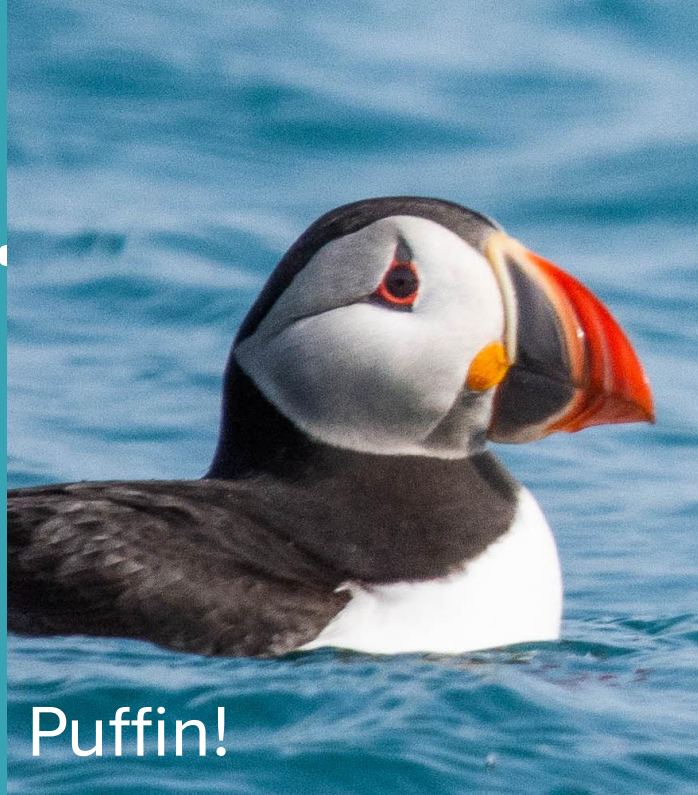
The How Much...

-  Fairly dependent on fuel prices which is the main expense, and how boujie you want your food to be– however this is an affordable adventure, you have past and present UBES Treasurers leading it after all!
-  Estimated around £60pp fuel cost, £8 bus ticket , £50 food (maybe a bit more dependent how many snacks you want!). **Realistically approx £150** to account for service stations, pubs etc. There is the potential for a proper campsite or two as well if we wish.
-  UBES can help out with kit requirements, including tents, walking poles and expd rucksacks - however a lightweight philosophy may be beneficial when packing given the longer distances/rough terrain. Tin whistles are not explicitly banned.



The Other Things.

-  Wildlife!
-  History!
-  Remoteness!



Puffin!



Highland Coos!



Beach bothy anyone?



Otters!



Eagles!

The Summary...



Team of 8



7 days backpacking, 10 days total inc. travel time



Affordable adventure – around £150



Kickstart your summer by leaving all your academic troubles behind and escaping to the mountains and the sea!









GOOD VIBES | GOOD VIEWS



Sea to Source

Following the **River Dee** to the heart of
Scotland

Summer Expedition 2024

Tommaso Barbieri



What is an Expedition?

“A journey made for
some definite purpose”

(OED)

Studying
vulnerable
landscapes



Improving
mental health



Learning
new skills

The River Dee

- ▶ The UK's 15th longest rivers at 140 km
 - Crosses the Length of **Aberdeenshire**, carving a cross-section through Scotland
 - Flows from 1,220 m on top of the **Cairngorms** to **Aberdeen** at sea-level
- ▶ The length of the river is designated a **Special Area of Conservation**
 - Important environment for salmon, otters, golden eagles and freshwater pearl muscles
- ▶ Established long distance trail from **Aberdeen** to **Ballater**



Our journey purpose

- ▶ Rivers across the UK suffer from great threats due to mismanagement and climate change
 - ▶ Even the River Dee which is among the wildest and most remote in the country
 - ▶ But benefits from many groups committed to its conservation
- ▶ As we follow the Dee to the heart of Scotland we'll be helping local conservation groups by:
 - ▶ Collecting data on the state of the river
 - ▶ Managing invasive species
 - ▶ Documenting our journey to raise awareness
- ▶ ???Possible funding???



The River Dee

River Dee: Sea to Source

180 km, 2430 m



Highlights



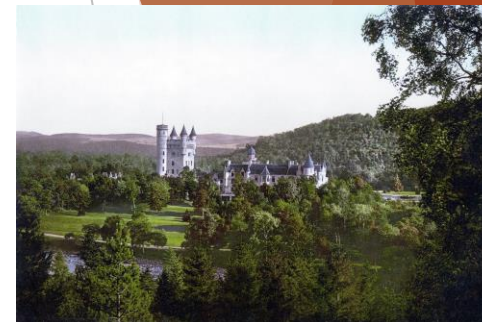
Aberdeen



Royal Deeside
Railway



Lochnagar



Balmoral



Linn of Dee



Pools of Dee



Falls of Dee



Aviemore

Travel options

- ▶ Bristol-Aberdeen outward-bound
 - ▶ Flights ~£150
 - ▶ Coach ~£80
 - ▶ Train ~£180
 - ▶ Car ~£180 (per car)
- ▶ Aviemore-Bristol return
 - ▶ Flights (hybrid) ~£165
 - ▶ Coach ~£90
 - ▶ Train ~£350
 - ▶ Car ~£180 (per car)



Right to Roam

- ▶ The **Scottish Outdoor Access Code** legally grants the public right recreational and educational use of most natural areas
- ▶ Use extends to **wild camping**, provided a respect for the principles of **No Trace Left Behind**
- ▶ <https://www.outdooraccess-scotland.scot/>



Climate

- ▶ While much of the UK lies within the mild (and rather wet) climate we know and love a tiny portion of **subarctic and tundra climates** may be found
 - ▶ These are almost completely within the Cairngorms making them more like Norway than anywhere else in the UK
- ▶ At the top of the Cairngorm plateau July (warmest month) temperatures vary from **4°C-10°C** with **110 mm** rainfall
- ▶ In the lowlands temperatures are higher with ranging averages of **11°C-19°C** and **70 mm** rainfall
- ▶ For reference Bristol ranges 13°C-22°C with 60 mm around this period

Nature



Golden Eagle

Salmon



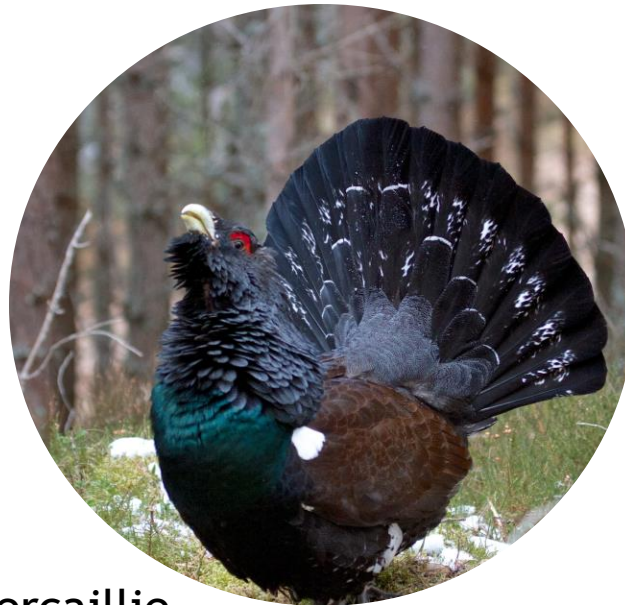
River Otter



Reindeer



Capercaillie



Scottish Pine
woodland



Budget

- ▶ **Transport:** £100-200
- ▶ **Accommodation:** £0-40 (Depending on desired facilities)
- ▶ **Food:** up to around £50-60

- ▶ **Total estimate:** £150-300

- ▶ Depending on how long you've been into backpacking, you might need to purchase extra kit. Gear costs can be eliminated by borrowing from **UBES stores** or greatly reduced by purchasing second hand e.g. through **Outdoor Gear Exchange UK**.

Building a team



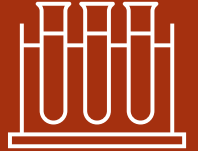
Adventurer

Experience with multi-day backpacking



Visual Storyteller

Communication through film, photos, drawings



Scientist

Passion for life and the environment



Navigator

Map reading and route planning proficiency



Literary Storyteller

Recording through writing, poetry, song



Team Medic

Experience in wilderness first aid/
Exped Medicine courses

Key Points

01

Walk the River
Dee from
Aberdeen to
Aviemore

02

Ideal group
size of 6

03

Cost estimate
of £150-300
pp

04

2-week
window from
21st of June to
5th of July



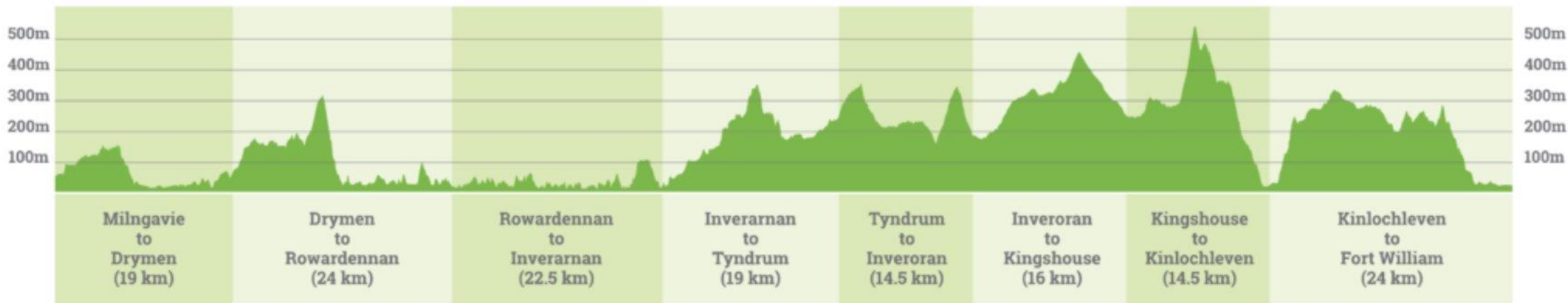
The West Highland Way- Fastpacking Edition

August at some point

What is Fastpacking?

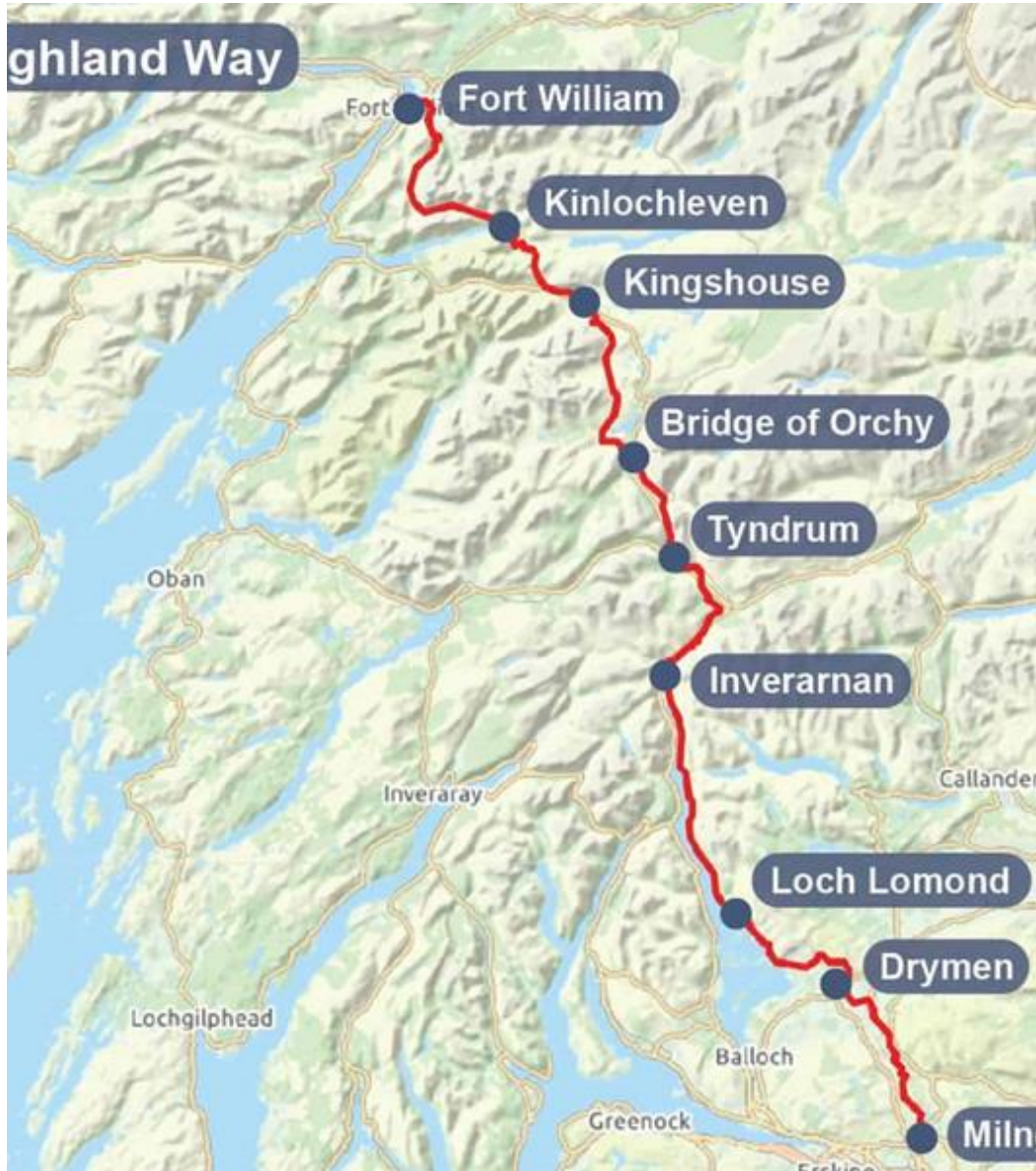
- Fastpacking is a combination of trail running and ultralight backpacking.
- Writer Clint Cherepa describes it as "hiking the ups, jogging the flats, and running the downs"





The West Highland Way

- The WHW is a long-distance route from Milngavie (near Glasgow) to Fort William
- It is 96 miles (154km) long
- Most people do the WHW in 7-8 days
- The aim is to run it in 5 days



Itinerary

- Day 0: Travel to Glasgow
- Day 1: Milngavie to Strathcashell- 36km
- Day 2: Strathcashell to Inverarnan-30 km
- Day 3: Inverarnan to Bridge of Orchy-29km
- Day 4: Bridge of Orchy to Kinlochleven- 33km
- Day 5: Kinlochleven to Fort William- 26km
- Day 6: Fort William/ Ben Nevis?/ extra day
- Day 7: Travel back to Bristol

Cost?

- Transport:
 - Flights to Glasgow £60-£100+ (+transport to Milgavie £15)
 - Bus £28 (14hrs with 1 change)- eco-friendly option
 - Drive- fuel costs (£90-110 total, £18-22 each for 5 people)
 - Fort William to Glasgow train/bus-£30
- Accommodation:
 - Free if wild camp every night
 - Or £50 for a mix of wild camping, campsites (cabins) and a night in Fort William
- Food:
 - Don't want to carry all food for the entire trip to save weight, places on the way to pick up food (£30-40) + pub + snacks

Total= £90-250 +pub money





Sleep

- Tents heavy
- Bivvy/ tarp much lighter
- Light weight sleep system is important
- Staying in campsites on a 1/2 nights



Why Come?

- Want a challenge- type 2 fun
- Like running- Woooo!!!
- Want to do something a bit different
- Potential to do a 2-day training run in the Brecon Beacons in July ish

Western Isles of
Scotland



Dealing with a
dodgy back brake
– bike
maintenance skills
to be learnt!



Bikepacking..?!

- A small backpack, dry bags and straps are all you need to get going (plus a fairly decent bike) - kit is not a limitation, my first 5 day trip worked well like this
- Backpacking but the bike carries your stuff, and you can go much further. Cheap, fun, good for fitness, a good convo starter!
- Can carry camping kit (small tent, bivi bag...) and/or use hostels/bothies (little free mountain huts in the UK)

NW Highlands



Skye (hi Isaac)



- The possibilities for location and duration are endless! Slightly dependent on logistics travelling with bikes to the route start, and good fitness/enjoyment of cycling and a resilient bum (get padded shorts) are useful
- I am currently thinking a week to 10 days in mid-August
 - As this is new to UBES, we'll work as a team to plan location, duration, distance etc so it suits everyone's abilities and availabilities, but will be within approx 10th-22nd August timeframe
- Team of 4-6 as an absolute maximum so we don't annoy trail and road users and keep faff/logistics issues to a minimum

Bikepacking..?!

Some ideas include...

- The Caledonia Way, Scotland
- Pennine Bridleway
- West Country – e.g. West Kernow Way
- France, northern Europe...?

- Bike + packs = adventure
- A small backpack, dry bags and straps are all you need to get going (plus a fairly decent bike) - kit should not be a limitation, my first 5 day trip worked well like this
- Backpacking but the bike carries your stuff, and you can go much further. Also options for hiking/swimming on non-cycling days

- The possibilities for location and duration are endless! Slightly dependent on logistics travelling with bikes to the route start, and good fitness/enjoyment of cycling and a resilient bum (get padded shorts) are useful
- I am currently thinking a week to 10 days in mid-August
 - As this is new to UBES, we'll work as a team to plan location, duration, distance etc so it suits everyone's abilities and availabilities, but will be within approx 10th-22nd August timeframe

PS. I currently have a broken foot (and can't even walk) but all will be fine by the summer! Sorry I can't be here to present in person, please email or message with any questions (fu22243@bristol.ac.uk)



GR20 IN CORSICA

Europe's Toughest Trek

Who's leading this exped?

Jack:

- 22, from Frankfurt, Germany
- 3 years of backpacking experience, including Romania (8 days) and an adapted Skye Trail (7 days), both with scramble sections
- Feel free to talk to me in person or send a Facebook message



Who's leading this exped?

Max:

- 21, from Devon, UK
- 3 years of backpacking experience, including two difficult alpine treks of 9-12 days each
- Any gear questions, feel free to send a message on Facebook



What is the GR20? When are we going?

- Grandes Randonnées (Big Walk) No. 20 in Corsica (France)
- Must be free 27th June – 10th July

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• This article is more than 14 years old

Europe's toughest trek: Corsica's GR20

Corsica's infamous GR20 trail takes walkers the length of the island in two weeks if they can conquer the terrain - and cope with the basic mountain huts



Itinerary

Day	Between	Distance (km)	Ascent (m)	Notes
1	Conca - Village de Bavella	18km	1500m	Easy (relative to the rest) first day
2	Village de Bavella - Ref de Matalza	20.5km	1300m	Still in the south section, fair but hilly.
3	Matalza - Bivouac Prati	20.5km	1370m	Same as day prior
4	Prati - Ref Capanelle	18.2km	850m	^
5	Capanelle - Vizzavona	14km	350m	Rest day before the north section
6	Vizzavona - Ref L'Onda	10.2km	1150m	First major ascent
7	L'Onda - Ref Manganu	15km	1400m	Gradual day, some scrambling .
8	Manganu - Castel de Vergio	16.5km	570m	Relatively easy day, stops for supplies and campsite.
9	Castel de Vergio - Ref Tighiettu	15km	1050m	First half is just hiking, second requires use of hands (START OF THE TOUGHEST SECTION)
10	Tighiettu (Monte Cinto) - Haut Asco	8.2-10km	950-1050m	Side trip to the highest mountain in Corsica
11	Haut Asco - Ref L'Ortu	12.4km	1600m	Tough terrain , but doable in the time.
12	Ref L'Ortu - Calenzana	10.5km	135m (-1200m)	<u>FINISH</u>



GR20

CALENZANA - VIZZAVONA

Travel options



Show FLEXI fares
What are FLEXI fares?

Outbound

London Gatwick to Figari, Corsica

Last booked 5 hours ago



[3 week view >](#)



Wed
26 Jun

No flights
available

Thu
27 Jun

Dep 06:10
Arr 09:40

LOWEST FARE

£76.89 ✓

1 seat left at

Fri
28 Jun

No flights
available



Outbound

Calvi, Corsica to London Gatwick

Last booked 5 hours ago



[3 week view >](#)



Tue
9 Jul

No flights
available

Wed
10 Jul

Dep 10:50
Arr 11:55

LOWEST FARE

52.52 € ✓

1 seat left at



Thu
11 Jul

No flights
available

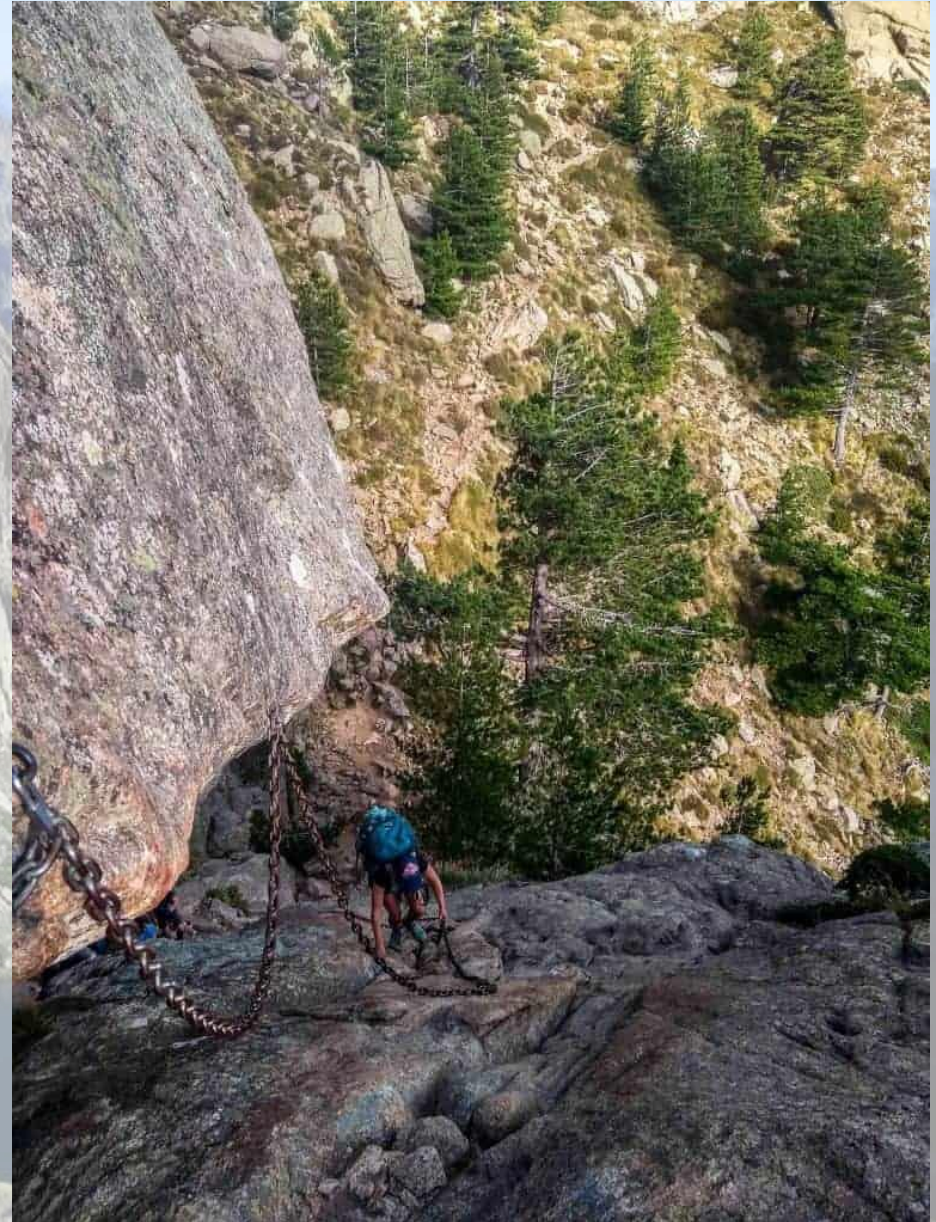
Accommodation

- Camp spot: €9 per night
- Refuge dorm: €17 per night



Climate ☀️

- **28°** max and **sunny** skies
- In mountains – afternoon **thunderstorms** and **rainfall possible**
- **Nighttime temperatures can drop** as expected, but as the overall peaks aren't as high as the Alps, it's still moderate



Cost breakdown



(x23)

Item	Budget	Premium	Deluxe
Flight from London to Figari	£150	£150	£150
Transfer from Figari to Conca	£15	£30	£110
Food	£50	£100	£400
Accommodation	£85	£160	£200
Transfer from Calenzana to Calvi	£10	£20	£40
Flight from Calvi to London	£150	£150	£150
Total	£460	£600	£1,050

Does not include any kit - and yes, you will need some - add £100 min

Who is this exped for?

- Experience in **multi-day treks**
- Familiarity with **scrambling**
- Bouldery mountainsides that frequently require the **use of hands**
- **Physically fit enough** to walk demanding trails for **multiple days** on end
- Looking for a **challenge** ("Europe's toughest trek")
- Some of the **best scenery** the Med has to offer!



Further reading and links



[GR20 official website](#)



[One of many online guides](#)

And so so many more....

Google the GR20 and you will have far too many resources to ever read and watch!!!



Key points

What is it?

Europe's toughest trek including scrambling

What is the group size?

8 including Max and Jack

Cost estimate?

Budget £500-600

Dates?

27th June - 10th July





Trekking the Alta Via 2

Josh Saunders

What is this?

Wild camping!

Via ferrata!

Trekking!

An adventure!



The Aims

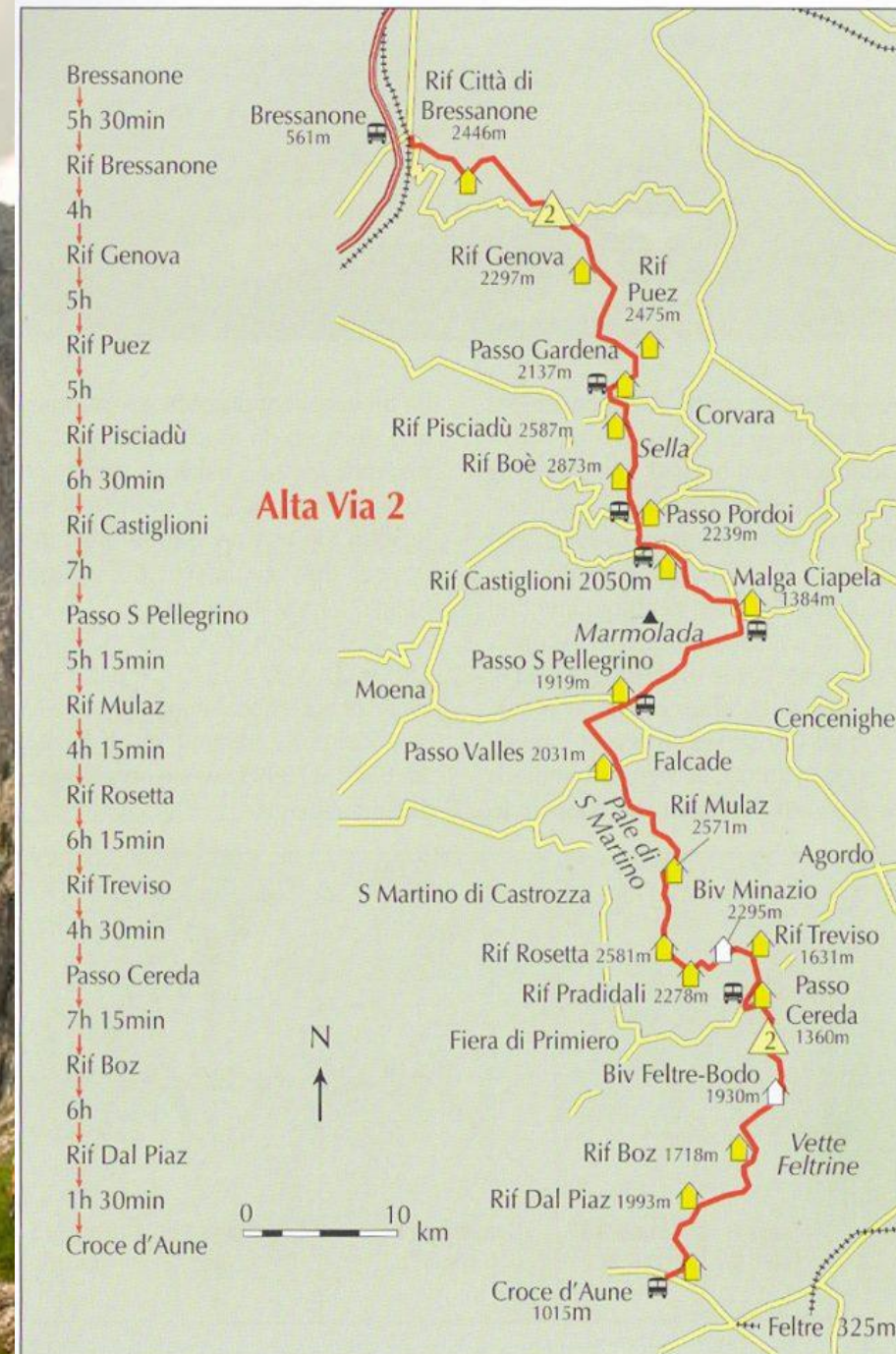
- To push ourselves physically, mentally and technically
- To explore this area of the Dolomites, in particular from a wild / stealth camping perspective
- To summit a few peaks (a couple of opportunities for 3000m!) by via ferrata / scrambling

The Plan

- 9 (ish) days trekking the Alta Via 2 in the Dolomites – starting at Bressanone and going to Passo Cerada
- Wild camping for the majority, with a couple of nights staying in unmanned bivouac huts (bivaccos) or rifugi
- Wild camping is *(technically illegal)* but is apparently tolerated as long as you LNT, pitch late and rise early, and be stealthy!
- Potentially staying a couple of nights in mountain huts (rifugi) - but these are sometimes quite spenny!
- 5 days then go through Malga Ciapela (our resupply town) and spend 1 or 2 nights there at a proper campsite – option of a rest day with some potentially cool things to do!
- Then another 4 days to complete the trail aim

The Plan

Day	Where	Distance (km)	Ascent/descent (m)	Notes
1	Bressanone – rif. Genova	14.8	1150/900	Get the cable car up to Plose (official start)
2	Rif Genova – rif Puez	10.7	1100/900	Includes Piz Duleda summit (2909m)
3	Rif Puez – rif Pisciadu	10.5	1050/950	
4	Rif Pisciadu – rif Boe	4.3	600/300	Includes Cima Piscidu summit (2985m) + option for Piz Boe (3152m)
5	Rif Boe – Malga Ciapela	18.5	850/2250	A lot of downhill but not technical
Rest day	Malga Ciapela			Stay in a proper campsite (<£15 a night)
6	Malga Ciapela – rif San Pellegrino	15.1	1300/800	
7	Rif San Pellegrino – valle delle comelle	12.8	1550/1300	+ option to summit monte mulaz (2906m)
8	Valle delle comelle – bivacco Carlo Minazio	10.9	1400/1400	
9	Biv Minazio – Passo Cerada	10.9	1400/2300	



When?

Late August – Early September
(24th August – 10th September)

Some flexibility!


10 days on trail (including a rest day) + 2 travel days + 3 days
after = 15 days

Weather

Weather in the Dolomites in late August / early September tends to be fairly stable, often with dry and sunny days and clear skies. Earlier in the summer tends to have frequent afternoon thunderstorms, which may still happen but a lot less. Summer weather in the Dolomites can still be quite tempestuous though so we will be checking forecasts and asking at rifugi etc..

Month	Average High Temperature	Average Low Temperature	Average Hours Daylight	Average Hours Sunshine / Day	Average Days Rain / Month
Jun	27°C / 80.6°F	13°C / 55.4°F	15:42	7	9
Jul	29°C / 84.2°F	15°C / 59°F	15:25	8	9
Aug	28°C / 82.4°F	15°C / 59°F	14:12	7	9
Sep	25°C / 77°F	11°C / 51.8°F	12:37	6	6
Oct	19°C / 66.2°F	6° C / 42.8°F	11:01	5	6

(at 1224m in the Dolomites)

A scenic mountain landscape at sunset. In the foreground, there is a wooden fence and a small wooden shelter with a roof. The background features rugged, rocky mountains with some snow patches, illuminated by the warm light of the setting sun. A large, blue, multi-pointed starburst graphic is overlaid on the center of the image, containing the text.

But Treasure
boy, how
much will it
cost??

Getting there and back (about £300?)

- Flights from the UK (London) to Venice are less than £200 return including baggage (but this may go up so allow 200-250)
- On the UK side depends where you live!
- Venice – Bressanone is £17
- Bus / train from the end back to Venice is quite cheap (~£20)
- Other options could include interrailing / coaches (probably not much cheaper but more eco-friendly!)

After...

- Italy!! You could head straight home but otherwise northern Italy has a lot to offer
- Cheap hostel / Airbnb = :)
- Flexible depending on budgets – maybe £100 for a few extra days?

Kit (£0 – 100)

- Via ferrata leash you can rent for the time for about 15 quid, and ubes can lend a helmet / harness if you don't have them
- You could also borrow a rucksack / sleeping bag / roll mat from UBES, but you might want to get your own – a good investment and comfier
- Same goes for a tent, you can share this weight between 2/3 but the lighter the better!
- Outdoor gear exchange!
- Borrow from friends (ubesters have a lot of gear, especially the rich postgrads)

On trail

- To be discussed...
- Wild camping is FREE
- Bivouac huts are also FREE
- Mountain huts are fairly expensive - £25-£70 a night (some including half board)

My thoughts:

- Wild camp most nights, with maybe a couple of nights in rifugios where this isn't a viable option
- Meals vary between €10/15 up to a lot more (some places seem to offer 3 course meals)
- A trail budget of around £300 pessimistically, though realistically <£200

In Total: **£600-800**

Is this the Exped for me?

- I have a head for heights ✓
- I like a scramble ✓
- I'm fairly fit and ready for some hard days ✓
- I am ready to push myself ✓
- I wanna see some beautiful views! ✓



When

Late August – early September

Where

The Dolomites in northern Italy

What

9 (ish) days trekking the Alta Via 2, with via ferrata, a bit of scrambling and some cool peaks!

Who

Determined people who are ready for a challenge! Scrambling / climbing experience is definitely a plus

How

Wild camping for most with a few nights in mountain huts


Why

To take on a more technical exped and explore the region







A full-page background image of a mountain landscape. In the foreground, a jagged, brown rock peak rises sharply. A climber wearing a blue helmet and a backpack is visible on a rock face to the right, secured by a rope. The background shows a vast valley with a river and distant mountains under a blue sky with scattered white clouds.

Mount Kenya: North Face Standard Route (IV+)

AKA:

The Dev-sped

The Developedition

The Expediment

By: Jim Hobson (Dev boi the
4th)

**It is through exploration that we come to understand our place
in the vastness of the universe and appreciate the wonders of
our own planet. – Meriwether Lewis**

Location, location, location

Where
Kenyan's think
Mount Kenya
is.



Where Max think
Mount Kenya
is.

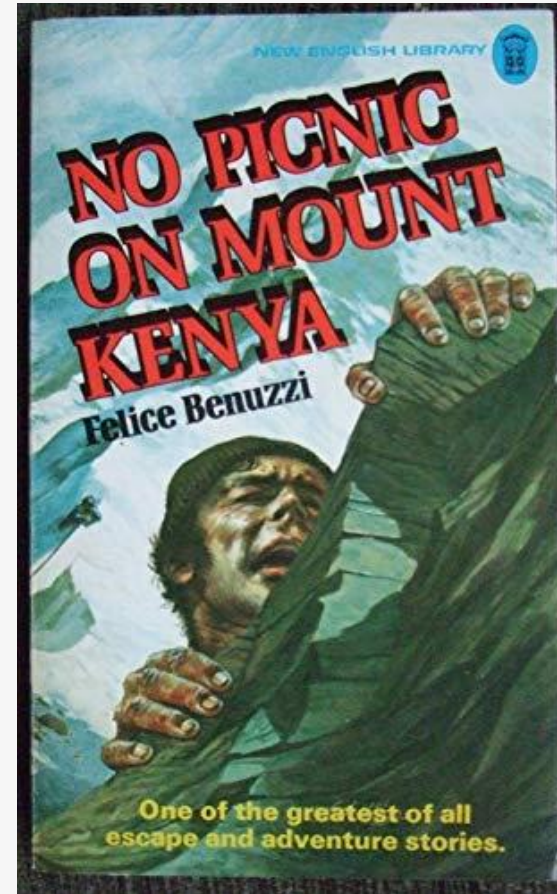


Where Arya
think Mount
Kenya is.



History of Mountaineering on Mount Kenya

- First ascended by Halford McKinder in 1988
- Multiple lines established from then until the 1980's
- Was once attempted by 3 escaped Italian prisoners of war with the sole purpose of pissing off their British captors.
- Roughly 45 summits per year (very low).
- Second highest peak on Africa.



The Route thus far

- **3 days walk in:** Likely via the Chogoria Route. (3300-4700)
- **2-3 days acclimatising:** or waiting for the weather window.
- **1-2 days climbing:** Option for a high altitude bivy, depending on if we also go for the second and third highest peak.
- **2-3 day walk out:** Likely via naro moru route



The climb

- UIAA IV+ similar to a UK trad HS, some reports of mostly VD terrain, other reports of a VS crux.
- 16 pitches of climbing, 20 if we include the second highest peak.
- 900 meter of accent moving together in places.
- Option to bivvy if needed

Sport Grade	British Trad Grade (range from BOLD to SAFE)		UIAA	USA	Norway	Au
1	Mod Moderate		I	5.1		4
2		Diff Difficult	II	5.2	3	6
2+			III	5.3	4	8
3a		VDiff Very Difficult	III+	5.4		
3b			IV-	5.5	4+	10
3c	Sev Severe		IV	5.6		12
4a		HS Hard Severe	IV+	5.7	5-	14
4b		BOLD UK tech 4a	V-		5	15
4c		VS	V			



Expedition philosophy

- To train and a develop as a team on a journey towards Alpine climbing
- Journey > Summit
- “If you want to go fast, go alone. If you want to go far, go together”- (Ethier a African proverb or an American workers Union quote depending on what lengthy article you read)

Goals

To develop as a team of hikers who climb (and visa versa) to mountaineers

01

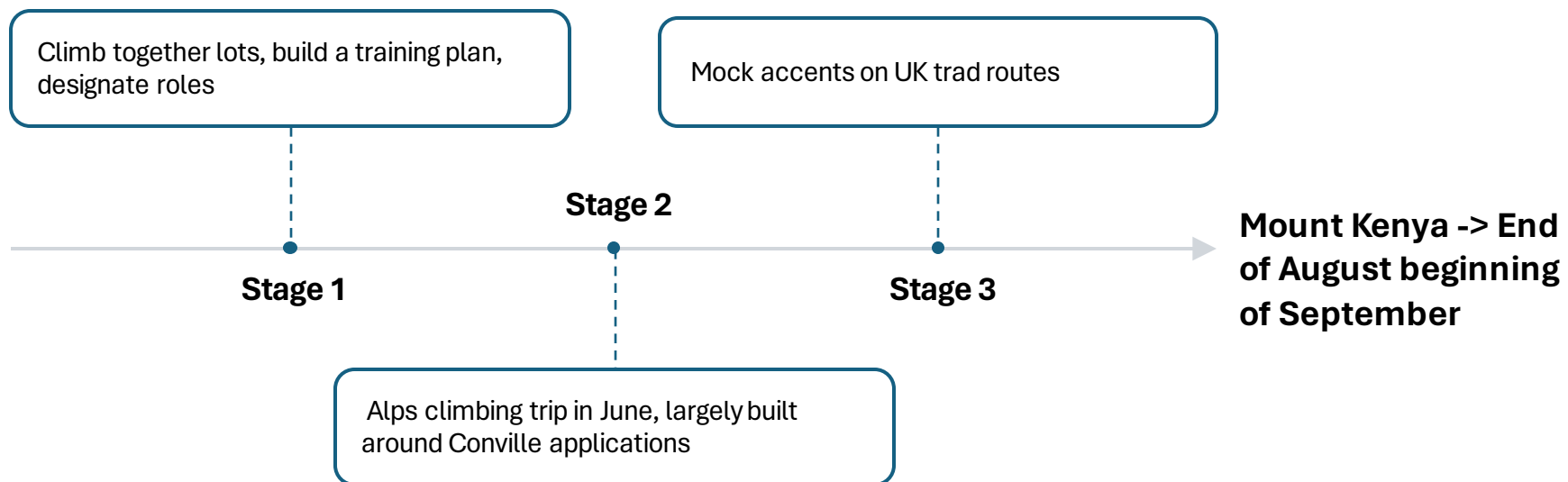
To summit a selection of the three highest peaks of Mount Kenya

02

To understand the frankly quite strange part of ourself that wanted to do this in the first place?



The development process



Costs (£700, more likely £1000)

Rough attempts at costs

- 350-500 on flights (best deal I've seen is 365)
- 156 or 300 (depending on student status) for park access fees
- 50 on in country transport
- Kit and food (highly personal)
- Insurance covered under Austrian Alpine Club (70 quid I think)
- 1.65 pint
- Vaccines (Again highly personal but surprisingly not many, 50 quid ish)
- Possibility for porters or guides





Group determined eligibility criteria

- Have done a substantial backpacking Exped outside of Dofe
- Consistently climb at Severe standard on more than 5 multipitch routes, with an aim to reach consistent VS standard by the end of the summer
- Climb sport at a 6b Standard
- Have winter skills training
- High level of personal fitness
- Be committed to a development/training process
- Not be a wanker (excluding Jim for medical reasons)
- Being a medical student or prior alpine experience is a massive bonus



Any Questions?

Note: Sign up will be an express interest box on the Exped form, separate to the regular sign up. Come find me at the pub, although selection will be based on a group decision.



How to apply for Summer Expeds

- We will release a sign-up form immediately following the talk
- Deadline is the **13th of March**
- Results will be out by the **20th of March**

FIRST CHALLENGE – Escape Queens and navigate to the Highbury!